

# Jackson County

## Food Assistance

The Community Table of Sylva (Hot Meals)  
<https://www.communitytable.org>  
Phone: 828-586-6782  
23 Central Street  
Sylva, NC 28779

Live Forgiveness Church Food Ministry  
<https://www.liveforgiveness.life/>  
Phone: 828-586-0199  
45 Crown Ridge Road  
Sylva, NC 28779

United Christian Ministries/Jackson County  
<https://www.ucmsylva.org/>  
Phone: 828-586-8228  
191 Skyland Drive  
Sylva, NC 28779

Southwestern Community College Swain Center  
(MANNA Market)  
Phone: 828-366-2005  
60 Almond School Road  
Bryson City, NC 28713

MANNA Mobile Market/Daily Schedule  
<https://www.mannafoodbank.org/>  
Phone: Food Help Line 1-800-820-1109

## Financial/Housing Assistance/Career Services

Jackson County Department of Social Services  
<https://www.jcdss.org/>  
Phone: 828-586-5546  
15 Griffin Street  
Sylva, NC 28779

Mountain Projects  
<https://mountainprojects.org/>  
Phone: 828-586-2345  
154 Medical Park Loop  
Sylva, NC 28779

NC Works Career Center  
<http://www.ncworks.gov>  
Phone: 828-586-4063  
26 Ridgeway Street  
Sylva, NC 28779

Whittier United Methodist Church (Grace House)  
<https://www.whittierumc.org/gracehouse>  
Phone: 828-269-8858  
35 Main Street  
Whittier, NC 28789

Fishes & Loaves  
<https://fishesandloavescashiers.org/>  
Phone: 828-743-4931  
549 Frank Allen Road  
Cashiers, NC 28717

Ochre Hill Baptist Church  
<https://www.ochrehillbaptist.com>  
14 Norman Drive  
Sylva, NC 28779

Cullowhee Valley Baptist Church/Barkers Creek CC  
[www.facebook.com/cullowheevalleybaptist](http://www.facebook.com/cullowheevalleybaptist)  
Phone: 828-506-1205 or 828-399-9244  
Cullowhee and Whittier locations

HERE in Jackson County  
<https://www.hereinjacksoncounty.org/>  
Phone: 828-477-4946  
77 Eastgate Drive  
Sylva, NC 28779

Jackson County Neighbors in Need  
<https://jacksonneighborsinneed.org/>  
Phone: 828-331-7177  
154 Medical Park Loop  
Sylva, NC 28779

Southwestern Community College  
<https://www.southwesterncc.edu>  
Phone: 828-339-4000  
447 College Drive  
Sylva, NC 28779

## **Family Opportunities for Community Involvement**

Jackson County Chamber of Commerce  
<https://www.mountainlovers.com/>  
 Phone: 828-586-2155

NC Cooperative Extension/Jackson County Center  
<https://jackson.ces.ncsu.edu/>  
 Phone: 828-586-4009

Uncomplicated Kitchen  
<https://www.uncomplicatedkitchen.org/>  
 Contact: jenna@uncomplicatedkitchen.org

Southwestern Community College  
<https://www.southwesterncc.edu>  
 Phone: 828-339-4000

## **Area Transit**

Jackson County Transit  
<https://www.jacksoncountytransit.com>  
 Phone: 828-586-0233  
 1148 Haywood Road  
 Sylva, NC 28779

## **Mental Health Services**

<u>Therapy Provider</u>	<u>Contact #</u>	<u>Insurance(s)</u>	<u>Office Locations/Telepsych</u>
Blue Ridge Health (includes Meridian Behavioral)	(828) 692-4289, Option 2	Most insurances Medicaid, Health Choice	Jackson, Macon, Swain/ Regional Telepsych
Ridgeline Therapeutic Collaborative	(828) 347-0522	Most insurances No Medicaid or Health Choice	Jackson, Macon, Swain/ Telepsych
The Long Center	(828) 524-4110	BCBS, Medicaid	Macon/Telepsych
Sylva Clinical	(828) 586-5555	Most insurances No Medicaid or Health Choice	Jackson, Macon/Telepsych
Compassionate Healing of WNC	(828) 335-5895	BCBS, Medicaid	Jackson/Telepsych
Analenisgi Center	(828) 497-9163	Enrolled Tribal Members	Qualla Boundary/ Telepsych
Appalachian Community Services	(828) 488-3294 (828) 524-1940	Medicaid, No one will be turned away due to inability to pay	Swain, Macon
Vaya Health	1-800-849-6127	Behavioral Health Crisis Line	Jackson, Macon, Swain
Vecinos	(828) 293-2274	Uninsured or Underinsured	Jackson